



Carchele

HEALTH & BEAUTY SPA

The Marine - Hermanus



ENTER A HAVEN OF PAMPERING
AND SHEER INDULGENCE

We offer our guests the ultimate in luxury and results orientated therapy. Our skilled therapists will guide you in the selection of therapies most suited to reinstate balance and a sense of tranquility.



SPA FACIAL CARE

Our skin care therapists are highly qualified and trained to provide the utmost in professionalism – each facial treatment is focused on achieving optimum skin health.

We use only reputable and recognised professional skin care brands chosen for their excellence within the health and beauty field along with their ability to achieve the best possible results. With each facial of 60 minutes or more, we pamper you from head to toe with our unique signature welcome touch, scalp, hand and foot massage.

FACIAL JOURNEYS by BLACK PEARL

Black Pearl is a high quality line developed for healing and health of the skin due to it's origination, science and ingredients. The 27 Dead Sea minerals in the collections are crucial for re-mineralisation of the skin and to support the barrier function of the skin. 24 Karat gold and pearl are significant antioxidants that protect the skin from environmental damage and the effects of stress. Vitamins A, C and E as well as other vitamins revitalise the skin and prevent ageing together with collagen and sodium hyaluronate.

Technology within the product and the treatment protocols ensure that whether your choice is a low or high touch experience, maximal penetration of product and result is achieved.

24 Karat Golden Indulgence | 30/60/90 min | R1100/2800/4200

The 24 Karat Gold facial is a rare experience. The heroine of this indulgence is the Cleopatra 24 Karat Gold Mask. Pure and powerful 24 Karat gold touches the skin igniting an anti-aging cascade and creating an incredible luminescence of the skin that lingers long after the treatment ends, as if the skin has renewed life and bringing a new sense of being.

Collagen Architecture Facial | 30/60/90 min | R930/1500/2000

This rejuvenating treatment gives the skin a collagen boost through the use of the exceptional Black Pearl Collagen Serum and the Collagen Firming Mask to help rebuild the skin's scaffolding and skin structure: lifting and strengthening the skin's core. The presence of active hyaluronic in the collagen formula means that there is appreciable improvement in signs of the aging process.

Lux Luminescence | 60/90 min | R1100/1430

This facial experience harnesses the power of a Thermal Mask to gently peel away surface layers. The mask contains anti-oxidant algae, sea buckthorn and zeolite which purifies and energises the skin. White pearl and a brightening complex are included into the treatment to provide iridescence and brightening and new generation nanotechnology ensures deeper penetration of active ingredients for superior results

Ultimate Luxury Facial | 60/90 min | R950/1210

An exquisite mineral rich mud is applied to the skin to hydrate, nourish and defy the aging process. The Prestige G-Mask contains a rare algae rich in protective anti-oxidants and the minerals in the mask soften the skin and activate cell renewal. The technology of magnetism is used to intensify both exfoliation and penetration of active ingredients. Rich nutritious oils mean that your skin is protected and hydrated.

Lux Brilliance | 60/90min | R1700/1980

The exceptional Miracle Facial Mask is an innovative pectin mask system that delivers a combination of natural and soft gold, collagen, minerals and hyaluronate to the face and eye area. The rapid luminescence result is intensified by multi-masking with the Relaxing Beauty Mask and superlative hydration of the skin is achieved.

Bespoke for Men | 60/90 min | R950/1210

The Black Pearl Mineral Mud for Face envelops your skin with the ultimate in healing natural ingredients and advanced technology to deal with excess oil. The mineral mud purifies and rebalances the skin also leaving it free of toxins. A ritual massage around the eyes helps puffiness and will alleviate dark circles. The skin emerges re-energised and replenished.

TINTING

Eye lash tint	R240
Eye brow tint	R110
Lash and brow tint	R300
Eye brow shape	R130

THERAVINE

Escape from the pressures of daily life, surrender your senses and experience a facial treatment second to none. Carefully developed by a specialised team using extensive clinical and scientific studies, the Theravine™ range boasts indigenous Pinotage cultivar grape derivatives to which internationally acclaimed active ingredients, powerful ant-oxidant ingredients and organically grown indigenous botanicals have been added.

Advanced Facials | 60 min / 90 | R1100 / 1320

Specifically formulated to combat the signs of ageing, hydration and improving of specific skin conditions.

Classic Facial | 30 / 60 / 90 min | R480 / 830 / 1070

An essential facial tailored to your needs, offering options of rehydration, rebalancing, and firming, purifying or calming therapy for your skin.

Gents Skin Treatment | 60 min | R830

A power clean for the face, removes impurities, the build- up of dead cells and excess oil, leaving the skin deep-down clean, fresh and healthy looking.

Problem Skin | 60 / 90 min | R830 / 1070

This facial is for those times when breakouts become problematic. The cooling, anti-inflammatory actives help with the problems of acne at any age.

Ultravine™ Advance Contouring Retinol Eye Treatment | 30 min | R530

An advanced eye mask treatment combined with a super-charged serum that helps to smooth away lines and wrinkles, creating a fresh and radiant looking eye contour, while visibly reducing the signs of ageing.

WAXING

We use *natural, high quality wax to ensure the most hygienic and effective method of hair removal*

Full leg/back/chest	R530
Half leg/full arm/half chest	R380
Three-quarter leg/top of legs	R420
Lip/chin/brow	R130
Under arms/half arm/bikini low cut	R200
Bikini high cut	R280
Brazilian	R390
American	R420

HAND AND FOOT THERAPY

Some spa classics never go out of style... with our contemporary methods and professional products we know how to treat hands and feet.

Spa manicure including paraffin wax	R490
Gents manicure including paraffin wax	R410
Spa pedicure including paraffin wax and medi-heel	R610
Gents pedicure including paraffin wax and medi-heel	R500
Nail care for hands or feet or medi-heel	R350
Revarnish	R200
Paraffin wax treatment	R170
Shellac no smudging, chipping or cracking, long lasting gel polish	R470
French shellac	R510
Soak off and nail care	R400



SPA BODY CARE

Time in our Steam room is complimentary with any of our Spa Treatments.

Couples Treatments

Dual treatments available in the same room, ask reception for details.

DermaLife Spa Oceana | 30 min | R590

The DermaLife Spa Oceana is a capsule with therapy program selections intended for detoxification, relaxation, rejuvenation and meditation. This blissful treatment is made up of numerous water jets, colour, vibrations and sensations, the ultimate experience of luxurious delight.

Exfoliation | 30 min | R470

Including a Vichy Shower in the DermaLife Capsule

Purifying Back Treatment | 50 min | R740

Ideal for someone suffering from congestion on the back. Cleansing, exfoliation, steam and extractions, massage and mask.

Body Wraps | 60 min | R1140

All our wraps include exfoliation, a scalp massage and a vichy shower in the DermaLife capsule.

Detox, cellulite and slimming

A seaweed wrap to detoxify and remineralise the body effectively. As stress and toxins are eliminated, your entire body resurfaces cleansed and regenerated.

Soothing and moisturising

The ideal wrap to sooth your skin after sun exposure. Also the ideal to improve swollen legs and a sluggish lymph flow.

Energising, revitalizing, well-being wrap

This soothing wrap is formulated to vanquish fatigue and stress. Numerous healing and nourishing minerals assist in relieving fatigue resulting in a re-energised and relaxed body.



SPA MASSAGE THERAPY

The therapeutic benefits of massage are endless – relaxation, blood circulation, lymph drainage, muscular relief and skin rejuvenation are all addressed with our massage treatments. We offer half body, full body or back and neck massages.

Swedish | 30 / 45 / 60 / 90 min | R540 / 700 / 820 / 1130

A world famous classic medium pressured massage soothes and relaxes tired, fatigued muscles. It stimulates and invigorates circulation and promotes a wonderful sense of well-being.

Deep Tissue/Sports Massage | 30 / 45 / 60 / 90 min | R690 / 810 / 950 / 1200

A deep penetrating massage, relieves deep underlying tension and sports-related aches and pains.

Hot Stone | 30 / 45 / 60 / 90 min | R690 / 810 / 950 / 1200

Smooth, heated lava stones create a warm comforting sensation, deeply penetrating to melt away any tension and muscle stiffness.

African Rungu | 30 / 45 / 60 / 90 min | R690 / 810 / 950 / 1200

The Rungu chosen as an African massage tool is used to provide smooth, vigorous and stimulating massage movements in order to relieve stress. Great for a client who enjoys a deep pressure massage.

Aroma Lymph Drainage | 30 / 45 / 60 / 90 min | R690 / 810 / 950 / 1200

Light pressured massage using the Lilian Terry FlexiCups together with customized blends of essential oils specific needs and various health issues in the body can be addressed.

5 Star Massage | 90 min | R1260

Looking for something different? We combine the best movements from our Swedish, Aroma, Hot Stone, Cupping and Rungu to give you that 5 STAR experience.

Tranquility Massage | 90 min | R1220

Totally blissful body, face and scalp massage enhanced by the use of perfectly blended LT aroma oils.

Reflex Foot Zone Therapy | 40 min | R650

This deeply relaxing deep pressure massage technique relieves stress, promotes relaxation, and increases blood circulation through stimulation of pressure points.

Indian Head Massage | 45 min | R610

Oriental massage techniques are used to free the head neck and shoulders of stress and bring about a deep sense of relaxation.

Leg Massage | 30 min | R540

An invigorating lower leg and foot massage leaves the feet refreshed, light and re-energized.

Foot Massage | 20 min | R370

An all-time favorite! Relaxing and pain relieving.

Scalp Massage | 20 min | R370

PACKAGES

Mother-To-Be | 1 Hr 20 min | R990

- Scalp massage
- Back, neck and shoulder massage
- Foot and leg massage

Spa Taster – Ideal for the First Time Spa User | 60 min | R860

30 min back neck and shoulder massage 30 min facial.

Deluxe Mother-To-Be Spa | 120 min | R1650

- Dry skin brushing
- Hydrating and nourishing body wrap
- Scalp massage
- Back and neck massage
- Tired foot and leg massage
- Hand massage

His or Hers Spa | 60 min | R990 per person

- Back and neck scrub or wrap, depending on your individual needs
- Back and neck massage
- Scalp massage
- Foot massage

Essentially Male / Female Spa | 120 min | R1470

- Back massage
- Scalp massage
- Classic facial
- Foot massage

Relax Spa | 2 hrs 30 min | R2150

- Invigorating full body exfoliation
- Anti stress body wrap
- Vichy shower experience in the DermaLife capsule
- Facial in accordance to skin's needs
- Back, neck and shoulder massage

Aromaflex | 120 min | R1600

Combining aroma and reflex foot zone therapy, deeply relaxes mind, body and soul.

Teen Spa | 120 min | R1380

- Balancing Facial
- Teen Manicure
- Teen Pedicure

De-stress, Anti-Fatigue Day Spa | 6 hrs 30 min | R4180

If you've been experiencing stress and fatigue within your daily tasks and you're not catching up with life, then a half a day of pure pampering is what you receive in this popular package.

- Suitable for males and females
- Aromatic steam
- Full body salt exfoliation
- Cocooned in a body wrap to ease fatigue as you rest and enjoy a scalp massage
- 30 min Dermlife Spa Oceana experience to suite your needs
- Our relaxing massage followed by the
- Luxurious facial suited to your skin type
- Deluxe manicure and pedicure which includes a tension relief gel for your legs

This package includes a light lunch and soft drink to leave you rejuvenated with a sense of well-being.

24 Karat Golden Splendour | 90 min | R1650

This exquisite journey comprises the 30-minute 24 Karat Golden Indulgence facial and a 60-minute massage. The magnificent massage uses anti-ageing 24 Karat gold massage oil to stimulate muscle circulation and release tension.

CLIENTS ARE KINDLY REQUESTED TO READ THE FOLLOWING CONDITIONS APPLICABLE TO THE HEALTH AND BEAUTY SPA

Etiquette

The spa is a retreat for your body, mind, and soul. In consideration of other guests, we request that noise levels are kept to a minimum and that cellular phones are kept on silent for the duration of your spa visit. Children are not allowed in the spa unless they are having a treatment and accompanied by an adult.

Reservations

Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment.

Arrival

Please arrive 10 minutes prior to your scheduled appointment.

Valuables

We recommend that no jewelry be worn to the spa. The management and staff cannot accept any responsibility for the loss of money or valuables of any kind brought into the spa.

Refund Policy

All treatments, packages and any products bought are non-refundable.

Payment

We accept cash and all major credit cards. Regrettably cheques are not accepted. All prices quoted are in Rand and are subject to change without prior notice

Group bookings

All group bookings (3 people or more) require a 50% deposit..

Cancellation policy

Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee.

Gift vouchers are available to purchase

OPENING HOURS

Monday to Sunday from 9:00 to 20:00
After 18:00 and on Sundays, by appointment only

Prices valid 1 December 2021 - 30 November 2022. E&OE.



Carchele

HEALTH & BEAUTY SPA

THE
MARINE

The Marine, Main Road, Hermanus
Email: healthandbeautyspa@hermanus.co.za

Facebook: [carchelehealthandbeautyspa](https://www.facebook.com/carchelehealthandbeautyspa)

Telephone: 028 313 0909

www.carchelespa.co.za