



Carchele

HEALTH & BEAUTY SPA

The Marine - Hermanus



ENTER A HAVEN OF PAMPERING
AND SHEER INDULGENCE

We offer our guests the ultimate in luxury and results orientated therapy. Our skilled therapists will guide you in the selection of therapies most suited to reinstate balance and a sense of tranquility.



SPA FACIAL CARE

Our skin care therapists are highly qualified and trained to provide the utmost in professional care. Every one of our facial treatments focuses on achieving optimum skin health.

We use only reputable and recognised professional skin care brands chosen for their excellence along with their ability to achieve the best possible results. With each facial of 60 minutes or more, we pamper you from head to toe with our unique signature welcome touch, scalp, hand and foot massage.

All facials are suitable for men and tailored to their skin's needs.

FACIAL JOURNEYS by BLACK PEARL

Technologically advanced, this high quality professional line utilises 27 Dead Sea minerals to effectively re-mineralise the skin and support the barrier function. Well known for their 24 Karat gold and pearl actives each one of the Black Pearl treatments offer superior results.

24 Karat Golden Indulgence | 30/60/90 min | R1100/2800/4200

Pure and powerful, the 24 Karat gold offers a rare experience by igniting an anti-aging cascade and additionally creates an incredible luminescence that lingers beautifully.

Collagen Architecture Facial | 30/60/90 min | R930/1500/2000

This rejuvenating treatment filled with the exceptional Black Pearl Collagen Serum and Firming Mask aids in rebuilding the skin structure, resulting in an improvement in signs of the ageing process.

Lux Luminescence | 60/90 min | R1100/1430

By harnessing the power of the Thermal Mask to gently peel away surface layers, the new generation nanotechnology ensures deeper penetration of active ingredients for superior results in purifying and energising the skin.

Ultimate Luxury Facial | 60/90 min | R950/1210

Using magnetism technology, exfoliation is intensified allowing optimal penetration of active ingredients. The Prestige G-Mask infused with rare algae extracts, is rich in protective anti-oxidants and minerals that activates the cell renewal process.

THERAVINE

Escape the pressures of daily life, surrender your senses and experience a facial treatment second to none. Carefully developed by a specialised team using extensive clinical and scientific studies, the Theravine™ range boasts indigenous Pinotage cultivar grape derivatives to which internationally acclaimed active ingredients, powerful ant-oxidant ingredients and organically grown indigenous botanicals have been added.

Advanced Facials | 60 min/90 | R1100/1320

Specifically formulated to combat the signs of ageing, hydration and improving of specific skin conditions.

Classic Facial | 30/60/90 min | R480/830/1070

An essential facial tailored to your needs, offering options of rehydration, rebalancing, and firming, purifying or calming therapy for your skin.

Ultravine™ Advance Contouring Retinol Eye Treatment | 30 min | R530

An advanced eye mask treatment combined with a super-charged serum that helps to smooth away lines and wrinkles, creating a fresh and radiant looking eye contour, while visibly reducing the signs of ageing.

I A M M E | 30/60/90 min | R480/830/1070

I am me professional skincare improves the dermal matrix, reverse tell-tale signs of oxidative stress, deeply hydrate to obtain optimal health and radiance. Select the most suitable facial treatment to Hydrate, Restore the barrier and reduce inflammation or Defend the signs of time.

Daily defense

Improves skin tolerance and reduces inflammation, bringing about a calm, radiant complexion.

Moisture infuse

Protects against moisture loss and environmental elements while restoring optimal levels of hydration in the skin.

Time defense

Fight the signs of aging on every level, improving the skin integrity and offering protection against free radical damage.

TINTING

Eye lash tint	R240
Eye brow tint	R110
Lash and brow tint	R300
Eye brow shape	R130

WAXING

We use natural, high quality wax to ensure the most hygienic and effective method of hair removal

Full leg/back/chest	R530
Half leg/full arm/half chest	R380
Three-quarter leg/top of legs	R420
Lip/chin/brow	R130
Under arms/half arm/bikini low cut	R200
Bikini high cut	R280
Brazilian	R390
American	R420

HAND AND FOOT THERAPY

Some spa classics never go out of style... with our contemporary methods and professional products we know how to treat hands and feet.

Spa manicure including paraffin wax	R490
Gents manicure including paraffin wax	R410
Spa pedicure including paraffin wax and medi-heel	R610
Gents pedicure including paraffin wax and medi-heel	R500
Nail care for hands or feet or medi-heel	R350
Revarnish	R200
Paraffin wax treatment	R170
Shellac no smudging, chipping or cracking, long lasting gel polish	R470
French shellac	R510
Soak off and nail care (only Gelish and Shellac)	R400



SPA BODY CARE

We offer complimentary use of the Steam room with any of our Spa Treatment packages.

Couples Treatments

Dual treatments available in the same room, ask reception for details.

DermaLife Spa Oceana | 30 min | R590

The DermaLife Spa Oceana is a capsule with therapy program selections intended for detoxification, relaxation, rejuvenation and meditation. This blissful treatment is made up of numerous water jets, colour therapy, infrared and steam, the ultimate experience of luxurious delight.

Exfoliation | 30 min | R470

Including a Vichy Shower in the DermaLife Capsule.

Purifying Back Treatment | 50 min | R740

Ideal for someone suffering from congestion on the back. Cleansing, exfoliation, steam and extractions, massage and mask.

Body Wraps | 60 min | R1140

All our wrap treatments include exfoliation, a scalp massage and a vichy shower in the DermaLife capsule.

Choose between:

- Detoxifying clay
- Firming, soothing and hydrating gel
- Energising and revitalising



SPA MASSAGE THERAPY

The therapeutic benefits of massage are endless – relaxation, blood circulation, lymph drainage, muscular relief and skin rejuvenation are all addressed with our massage treatments. We offer half body, full body or back and neck massages. **Scalp massage included upon request.**

Swedish | 30/45/60/90 min | R540/700/820/1130

A world famous classic medium pressured massage soothes and relaxes tired, fatigued muscles. It stimulates and invigorates circulation and promotes a wonderful sense of well-being.

Deep Tissue/Sports Massage | 30/45/60/90 min | R690/810/950/1200

A deep penetrating massage, relieves deep underlying tension and sports-related aches and pains.

Aroma Lymph Drainage | 30/45/60/90 min | R690/810/950/1200

Light pressured massage using the Lilian Terry FlexiCups together with customized blends of essential oils specific needs and various health issues in the body can be addressed.

Grounding massage | 60/90 min | R950/1200

By stimulating the parasympathetic nervous system, the grounding massage effectively achieves a deep state of relaxation for the entire body. The benefits of free electrons that flood the body is - neutralising free radicals and fighting oxidative stress, improvement of blood flow, supporting the detoxification process, allowing oxygen to reach your organs and reducing inflammation.

Soy candle massage | 30/45/60/90 min | R690/810/950/1200

A beautifully nourishing massage with soybean oil, filled with fatty acids known to nourish and fight oxidative stress. A glorious pool of comfortably warm oil is continuously poured onto the skin while the therapist performs the massage.

Hot Stone and Himalayan salt | 30/45/60/90 min | R690/810/950/1200

The smooth, heated lava stones create a comforting sensation that melts away deep seated tension and muscle stiffness while the hot, pure pink salt stones create negative ions allowing deep relaxation and reduces inflammation.

5 Star Massage | 90 min | R1260

Looking for something different? We combine the best movements from our Swedish, Aroma, Hot Stone, Cupping and Rungu to give you that 5 STAR experience.

Tranquility Massage | 90 min | R1220

Totally blissful body, face and scalp massage enhanced by the use of perfectly blended LT aroma oils.

Reflex Foot Zone Therapy | 40 min | R650

This deeply relaxing deep pressure massage technique relieves stress, promotes relaxation, and increases blood circulation through stimulation of pressure points.

Kneipp foot therapy | 30 min | R540

Kneipp foot therapy sessions facilitate the body's own thermal reaction and immune responses. By alternating the waters' temperature, between icy cold and steamy hot, this aids in the improvement of the blood flow, lymph circulation and in regulating the metabolism. The feet are then dried and the client receives 20min foot massage.

Indian Head Massage | 45 min | R610

Massaging of the head, neck and shoulders brings about a deep sense of relaxation.

Leg Massage | 30 min | R540

An invigorating lower leg and foot massage leaves the feet refreshed, light and re-energized.

Foot Massage | 20 min | R370

An all-time favorite! Relaxing and pain relieving.

Scalp Massage | 20 min | R370



PACKAGES

Mother-To-Be | 1 Hr 15 min | R990

- Scalp massage
- Back, neck and shoulder massage
- Foot and leg massage

Spa Taster – Ideal for the First Time Spa User | 60 min | R860

30 min back neck and shoulder massage 30 min facial.

Deluxe Mother-To-Be Spa | 120 min | R1650

- Dry skin brushing
- Hydrating and nourishing body wrap
- Scalp massage
- Back and neck massage
- Tired foot and leg massage
- Hand massage

His or Hers Spa | 60 min | R990 per person

- Back and neck scrub or wrap, depending on your individual needs
- Back and neck massage
- Scalp massage
- Foot massage

Essentially Male / Female Spa | 120 min | R1470

- Back massage
- Scalp massage
- Classic facial
- Foot massage

Relax Spa | 2 hrs 30 min | R2150

- Invigorating full body exfoliation
- Anti stress body wrap
- Vichy shower experience in the DermaLife capsule
- Facial in accordance to skin's needs
- Back, neck and shoulder massage

Aromaflex | 120 min | R1600

Combining aroma and reflex foot zone therapy, deeply relaxes mind, body and soul.

Teen Spa | 120 min | R1380

- Balancing Facial
- Teen Manicure
- Teen Pedicure

De-stress, Anti-Fatigue Day Spa | 6 hrs 30 min | R4180

If you've been experiencing stress and fatigue within your daily tasks and you're not catching up with life, then a half a day of pure pampering is what you receive in this popular package.

- Suitable for males and females
- Aromatic steam
- Full body salt exfoliation
- Cocooned in a body wrap to ease fatigue as you rest and enjoy a scalp massage
- 30 min Dermlife Spa Oceana experience to suite your needs
- Our relaxing massage followed by the
- Luxurious facial suited to your skin type
- Deluxe manicure and pedicure which includes a tension relief gel for your legs

This package includes a light lunch and soft drink to leave you rejuvenated with a sense of well-being.

24 Karat Golden Splendour | 90 min | R1650

This exquisite journey comprises the 30-minute 24 Karat Golden Indulgence facial and a 60-minute massage. The magnificent massage uses anti-ageing 24 Karat gold massage oil to stimulate muscle circulation and release tension.

CLIENTS ARE KINDLY REQUESTED TO READ THE FOLLOWING CONDITIONS APPLICABLE TO THE HEALTH AND BEAUTY SPA

Etiquette

The spa is a retreat for your body, mind, and soul. In consideration of other guests, we request that noise levels are kept to a minimum and that cellular phones are kept on silent for the duration of your spa visit. Children are not allowed in the spa unless they are having a treatment and accompanied by an adult.

Reservations

Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment.

Arrival

Please arrive 10 minutes prior to your scheduled appointment.

Valuables

We recommend that no jewelry be worn to the spa. The management and staff cannot accept any responsibility for the loss of money or valuables of any kind brought into the spa.

Refund Policy

All treatments, packages and any products bought are non-refundable.

Payment

We accept cash and all major credit cards. All prices quoted are in Rand and are subject to change without prior notice

Group bookings

All group bookings (3 people or more) require a 50% deposit.

Cancellation policy

Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee.

Gift vouchers are available to purchase

OPENING HOURS

Monday to Sunday from 9:00 to 20:00
After 18:00 and on Sundays, by appointment only

Prices valid until 31 August 2024. E&OE.



Carchele


HEALTH & BEAUTY SPA

THE
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